

Parents.

I know our athletes have been training hard this summer to prepare for their upcoming school competition seasons. As we all begin preparing to return to school, I wanted to welcome all of our returning families back and our new families to ELCA! I am excited to see/meet everyone this fall! Also, in preparation please find information below and attached to this email regarding sports physicals and medical clearances. ELCA Sports Medicine uses a program called DragonFly Max for the submission of all physicals and required forms. If your middle school and/or high school student is planning to participate in athletics this year, they will need to have a DragonFly account with all required documents completed and approved.

Attached to this email you will find 2 documents:

- 1. Step by step instructions on how to set up your and your child's account using either your computer at https://max.dragonflyathletics.com/maxweb/max-cover/login or your cell phone to download the DragonFly MAX app.
- 2. The Preparticipation Physical Examination Forms. Due to changes from GHSA we will accept both the 2010 and 2019 versions of the Pre-Participation Physical Examination. As of June 13th the 2019 version can be printed directly from DragonFly and the 2010 version can be found attached and on the GHSA website: https://www.ghsa.net/sites/default/files/documents/forms/2010 GHSA Physical Form fillable.pdf

A few helpful tips for DragonFly:

- 1. After creating your child's account please click on the "Prep for 2022-23" icon and fill out all items on the list. You do not have to be added to ELCA to complete these forms.
- 2. For the "GHSA Physical Examination Form" and "GHSA Medical Eligibility Form" please upload a copy of the correct form to its respective section. The physical is not valid without both of those pages.
- a. This year each of those forms has their own section but you are still welcome to scan the entire packet into a PDF and upload the packet to each section.
- b. If you have trouble uploading the physical (it's the only thing you can't sign digitally) please reach out to me (Ms. Steph) for assistance. I am happy to walk you through it or recommend an alternative method of submitting the forms.
- c. In order for an athlete to be medically cleared ALL forms assigned to them in DragonFly must be completed. The one exception to this is band as you all have some forms that are specific to you all that do not affect eliaibility
- 3. In order for their status to turn green on DragonFly I need to approve their physical, I am doing this as quickly as I can.
- 4. We in doubt please reach out! I am happy to answer any questions you may have or help walk you through something that may be challenging you.

Sincerely,

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